

Made-from-scratch, wholesome meals

Produce fresh from local, organic farms where possible

Meets and exceeds USDA School Meal requirements

Meals crafted by true chefs & nutrition experts



FRESH
FOOD
FACTOR

Choice of 1% Milk or Non Fat
Milk Served Daily With All
Breakfast

Grab & Go Breakfast Menu ■ K-8 and High School

3 Cinnamon Toast Crunch Cereal, Cheese String Fresh Fruit, Fruit Juice	4 Egg and Cheese Muffin Fresh Fruit, Fruit Juice	5 Blueberry Muffin, Fresh Fruit, Fruit Juice	6 Breakfast Sausage Sandwich, Fresh Fruit, Fruit Juice	7 French Toast Sticks Fresh Fruit, Fruit Juice
10 Cinnamon Toast Crunch Cereal, Cheese String, Fresh Fruit, Fruit Juice	11 Maple Pancake Chicken Sandwich Fresh Fruit, Fruit Juice	12 Banana Muffin Fresh Fruit, Fruit Juice	13 Chicken Biscuit Fresh Fruit, Fruit Juice	14 Cinnamon Raisin Bagel w/ Spread Fresh Fruit, Fruit Juice
17 Cinnamon Toast Crunch Cereal, Fresh Fruit, Fruit Juice	18 Egg and Cheese Muffin Fresh Fruit, Fruit Juice	19 Blueberry Muffin, Fresh Fruit, Fruit Juice	20 Breakfast Sausage Sandwich, Fresh Fruit, Fruit Juice	21 French Toast Sticks Fresh Fruit, Fruit Juice
24 Cinnamon Toast Crunch Cereal, Cheese String, Fresh Fruit, Fruit Juice	25 Maple Pancake Chicken Sandwich Fresh Fruit, Fruit Juice	26 Banana Muffin Fresh Fruit, Fruit Juice	27 Chicken Biscuit Fresh Fruit, Fruit Juice	28 Cinnamon Raisin Bagel w/ Spread Fresh Fruit, Fruit Juice
31 Cinnamon Toast Crunch Cereal, Cheese Sting, Fresh Fruit, Fruit Juice				Fresh Fruit or Fruit Juice Served Daily With All Breakfast